**Weekly Lesson Plan-Project Work**

Date: June 30, 2014 Classroom: Red Room Study Topic: Healthy Bodies **Phase:** One/Two Teachers: Ms. Bobotek and Mrs. Wiest

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| **Discussion/Activity for Meeting Time**  **Group Discussion:**  **What do you want to know about healthy bodies?**  Let’s ask questions about keeping our bodies healthy!  **How can we be safe when making healthy food?**  Why is it important to wash hands? What are germs? Our food safety expert will be presenting an interactive demo to help students investigate these questions.  **What is a farmers market?**  What might we see at a farmer’s market?  **What are some healthy foods you know and which ones would you like to cook in the classroom?** | **Fieldwork/Investigation for Center Time**  **Exploration:**  Children will also participate in a demo regarding food safety and hand washing, presented by an expert.  We will read Farmers Market Day by Shanda Trent.  Children will visit the UMD Farmer’s Market to learn about healthy food choices and purchase some things to make a snack. | **Representation/Display**  The class will create a web with information that they already know about healthy bodies.  Children will make a list of things they might see at the farmer’s market. Later they will revisit their ideas.  **Web:** A list will be created using the children’s prior knowledge about healthy foods. Children will select foods that we might cook in the Red Room. |
| **Reminders:** Our pool days are Tuesdays and Fridays from 10:45-11:45. Please come dressed in your swimsuit with sunscreen already applied. Please remember to send a water bottle every day. The CYC will be closed July 4th. We have a fire drill Monday at 3:30.  **Literature for Story Time:** Simms Taback books including:Joseph’s Overcoat, I Miss You Every Day, and City Animals  **Math/Science**: We will have students trace their bodies and measure using non-standard and standard units of measurement.  **Outside activities-** Water Table, chalk, and musical instruments will be available.  **Cooking-** We will make a snack with food we purchased from the farmer’s market. | | |